



Approach Resources Inc. Schedules Third Quarter 2018 Earnings Conference Call for Friday, November 9, 2018

October 24, 2018

FORT WORTH, Texas--(BUSINESS WIRE)--Oct. 24, 2018-- Approach Resources Inc. (**NASDAQ: AREX**) will host a conference call on Friday, November 9, 2018, at 10:00 AM CT (11:00 AM ET) to discuss third quarter 2018 financial and operating results. The Company plans to announce third quarter 2018 results on Thursday, November 8, 2018, after close of trading.

The conference call may be accessed via the Company's website at www.approachresources.com or by phone:

Conference ID	3063487
Participant Toll-Free Dial-In Number:	(844) 884-9950
Participant International Dial-In Number:	(661) 378-9660

A replay of the call will be available on the Company's website or by dialing:

Replay Toll-Free	(855) 859-2056
Replay International:	(404) 537-3406
Conference ID:	3063487

About Approach Resources:

Approach Resources Inc. is an independent energy company focused on the exploration, development, production and acquisition of unconventional oil and gas reserves in the Midland Basin of the greater Permian Basin in West Texas. For more information about the Company, please visit www.approachresources.com. Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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Approach Resources Inc.
Suzanne Ogle, 817-989-9000
Vice President Investor Relations & Corporate Communication
ir@approachresources.com