



## Approach Resources to Present At IPAA Oil & Gas Investment Symposium

March 28, 2008

FORT WORTH, Texas, Mar 28, 2008 (PrimeNewswire via COMTEX News Network) -- Approach Resources Inc. (Nasdaq:AREX) announced that it will present at IPAA's 2008 Oil & Gas Investment Symposium at 11:20 a.m. EDT on Monday, April 7, 2008, at the Sheraton New York Hotel & Towers.

A link to the live webcast presentation and accompanying presentation slides will be available under the Investor Relations section of the Company's website, [www.approachresources.com](http://www.approachresources.com). A replay of the conference presentation will also be available on the Company's website.

About Approach Resources Inc.

Approach Resources Inc. is an independent energy company engaged in the exploration, development, production and acquisition of unconventional natural gas and oil properties onshore in the United States and British Columbia. The company focuses its growth efforts primarily on finding and developing natural gas reserves in known tight gas sands and shale gas areas. The company currently operates in Texas, Kentucky and New Mexico and has a non-operating interest in British Columbia. For more information about the company, please visit our website at [www.approachresources.com](http://www.approachresources.com).

The Approach Resources Inc. logo is available at <http://www.primenewswire.com/newsroom/prs/?pkgid=4320>

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SOURCE: Approach Resources Inc.

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