



## Approach Resources Inc. To Participate In Upcoming Conferences

March 13, 2013

FORT WORTH, Texas--(BUSINESS WIRE)--Mar. 13, 2013-- Approach Resources Inc. (**NASDAQ: AREX**) today announced that the Company plans to participate in the Morgan Stanley Houston Energy Summit on Thursday, March 14, 2013, at 10:00 AM CT. In addition, the Company plans to participate in Howard Weil's 41<sup>st</sup> Annual Energy Conference on Tuesday, March 19, 2013, at 8:25 AM CT. The Company will refer to the March 2013 Investor Presentation at both conferences. The March 2013 Investor Presentation is currently available on the Investor Relations section of the Company's website, [www.approachresources.com](http://www.approachresources.com). Neither conference will offer a live webcast.

**Approach Resources Inc.** is an independent oil and gas company with core operations, production and reserves located in the Permian Basin in West Texas. The Company targets multiple oil and liquids-rich formations in the Permian Basin, where the Company operates approximately 148,000 net acres. The Company's estimated proved reserves as of December 31, 2012, total 95.5 million Boe, comprised of 39% oil, 30% NGLs and 31% natural gas. For more information about the Company, please visit [www.approachresources.com](http://www.approachresources.com). Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

Source: Approach Resources Inc.

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