



Approach Resources Inc. Schedules Third Quarter 2013 Conference Call for Friday, November 8, 2013

October 24, 2013

FORT WORTH, Texas--(BUSINESS WIRE)--Oct. 24, 2013-- Approach Resources Inc. (**NASDAQ: AREX**) plans to announce third quarter 2013 financial and operational results on Thursday, November 7, 2013, after close of trading. Additionally, the Company will host a conference call on Friday, November 8, 2013, at 10:00 a.m. Central Time (11:00 a.m. Eastern Time) to discuss financial and operational results for the quarter.

To participate in the conference call, domestic participants should dial (866) 318-8611 and international participants should dial (617) 399-5130 approximately 15 minutes before the scheduled conference time. A replay of the call will be available shortly after the call and can be accessed by dialing (888) 286-8010. The passcode for the replay is 48097873.

To access the simultaneous webcast of the conference call, please visit the Calendar of Events page under the Investor Relations section of the Company's website, www.approachresources.com.

Approach Resources Inc. is an independent oil and gas company with core operations, production and reserves located in the Permian Basin in West Texas. The Company targets multiple oil and liquids-rich formations in the Permian Basin, where the Company operates approximately 152,000 net acres. For more information about the Company, please visit www.approachresources.com. Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. All statements, other than statements of historical facts, included in this press release that address activities, events or developments that the Company expects, believes or anticipates will or may occur in the future are forward-looking statements. Without limiting the generality of the foregoing, forward-looking statements contained in this press release specifically include the schedule for issuing third quarter 2013 results and hosting the conference call. These statements are based on certain assumptions made by the Company based on management's experience and perception of historical trends, current conditions, anticipated future developments and other factors believed to be appropriate. Such statements are subject to a number of assumptions, risks and uncertainties, many of which are beyond the control of the Company, which may cause actual results to differ materially from those implied or expressed by the forward-looking statements. Further information on such assumptions, risks and uncertainties is available in the Company's Securities and Exchange Commission ("SEC") filings. The Company's SEC filings are available on its website at www.approachresources.com. Any forward-looking statement speaks only as of the date on which such statement is made, and the Company undertakes no obligation to correct or update any forward-looking statement, whether as a result of new information, future events or otherwise, except as required by applicable law.

Source: Approach Resources Inc.

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