

For Immediate Release  
April 5, 2011

## **Approach Resources Inc. Announces Participation in Upcoming Conferences**

FORT WORTH, TEXAS, April 5, 2011 – Approach Resources Inc. (NASDAQ: AREX) will participate in IPAA’s Oil and Gas Investment Symposium on Monday, April 11, 2011, at 2:00 PM ET. The presentation for the event will be available under the Investor Relations section of the Company’s website, [www.approachresources.com](http://www.approachresources.com), before the assigned presentation time. Additionally, the live presentation will be webcast and can be accessed through the Company’s website.

J. Ross Craft, the Company’s President and Chief Executive Officer, will present at Hart Energy’s Developing Unconventional Gas Conference on Tuesday, April 19, 2011, at the Fort Worth Convention Center in Fort Worth, Texas. Mr. Craft’s presentation will not be webcast; however, the presentation will be available under the Investor Relations section of the Company’s website.

**Approach Resources Inc.** is an independent oil and gas company with core operations, production and reserves located in the Permian Basin in West Texas. The Company targets multiple oil and liquids-rich formations in the Permian Basin, where the Company operates approximately 133,000 net acres. The Company’s estimated proved reserves total 59.7 million barrels of oil equivalent, 52% oil and NGLs and 48% natural gas. For more information about the Company, please visit [www.approachresources.com](http://www.approachresources.com). Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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