

For Immediate Release  
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## **Approach Resources Inc. Announces Participation in Upcoming Conference**

FORT WORTH, TEXAS, May 31, 2011 – Approach Resources Inc. (NASDAQ: AREX) will participate in the 2011 RBC Capital Markets’ Global Energy and Power Conference on Monday, June 6, 2011, at 2:05 PM ET. The presentation for the event will be available under the Investor Relations section of the Company’s website, [www.approachresources.com](http://www.approachresources.com), before the assigned presentation time. Additionally, the live presentation will be webcast and can be accessed through the Company’s website.

**Approach Resources Inc.** is an independent oil and gas company with core operations, production and reserves located in the Permian Basin in West Texas. The Company targets multiple oil and liquids-rich formations in the Permian Basin, where the Company operates approximately 134,500 net acres. The Company’s estimated proved reserves total 59.7 million barrels of oil equivalent, 52% oil and NGLs and 48% natural gas. For more information about the Company, please visit [www.approachresources.com](http://www.approachresources.com). Please note that the Company routinely posts important information about the Company under the Investor Relations section of its website.

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